ALLERGOLOGY

1. The manifestations of atopic dermatitis are more often provoked by:

- 1. cold weather
- 2. hot water
- 3. scratching
- 4. food-borne allergens
- 5. infections

2. Typical signs for allergization by household allergins are:

- 1. moderate eosinophilia
- 2. as a rule, allergy is manifested in spring
- 3. allergy may disappear after change of residence
- 4. allergy may appear after cleaning the flat
- 5. combination with food allergy

3. Typical signs for allergization by grass pollen allergins are:

- 1. high eosinophilia
- 2. seasonal changes with frequent exacerbations in spring and summer
- 3. allergy is more often manifested as rhinoconjunctival syndrome
- 4. allergy is more often manifested as dermatitis
- 5. exacerbations are provoked by hyperventilation

4. Allergic rhinitis is as a rule due to sensitization by:

- 1. pollen of plants
- 2. salts of heavy metals
- 3. antigens of bacterial capsules
- 4. house dust
- 5. food allergens

5. Taking topical glucocorticoids in allergic rhinitis one should remember:

- 1. maximum effect develops in 2-3 days
- 2. maximum effect develops in 2-3 years
- 3. after achieving a positive effect the drug should be withdrawn gradually
- 4. after achieving a positive effect drug dose should be decreased 2-3 fold gradually
- 5. in severe persistent course the drug can be given up to 2 years

6. Using histamine receptors H1 blockers in allergic rhinitis one should remember:

- 1. it is better to use them at early stages of the disease
- 2. if there is no effect, the dose should be increased and the course should be prolonged

3. in a period of remission these drugs should be taken periodically to prevent the exacerbations

4. in a protracted course it is better to take them orally than topically

7. Specific immunotherapy with allergens in allergic rhinitis is indicated:

- 1. when it lasts the whole year round
- 2. in seasonal course in polyvalent sensitization
- 3. in coincidence of allergy tests and clinical data
- 4. when the duration of the disease is not longer than 6 years
- 5. when concurrent contact dermatitis or bronchial asthma are absent

8. Using intranasal adrenoceptor agonists in allergic rhinitis one should remember:

- 1. the optimal course is 2-4 weeks
- 2. in a protracted course they should be given until the symptoms disappear
- 3. these drugs should not be given more than 3-5 days running
- 4. when there is no effect the dose should be increased gradually
- 5. they are indicated to prevent exacerbations in a period of remission

9. In status asthmaticus it is necessary to administer:

- 1. intravenous introduction of aminophylline
- 2. oxygen therapy
- 3. histamine receptors H1 blockers
- 4. sedatives
- 5. hormones parenterally

10. Using inhalation glucocorticoids in bronchial asthma one should remember:

- 1. maximum effect develops in 2-3 minutes
- 2. mucous candidiasis is a common exacerbation
- 3. impaired teeth eruption is a common exacerbation
- 4. concomitant use with adrenoceptor agonists is contraindicated
- 5. concomitant use with stabilizers of mast cells membranes is contraindicated

11. Indications for systemic glucocorticoids administration in bronchial asthma are:

- 1. the duration of the disease is more than 5 years
- 2. status asthmaticus
- 3. absence of the effect in inhalation glucocorticoids administration
- 4. absence of the effect in adrenoceptor agonists administration

12. Medications that increase the obstruction in attacks of bronchial asthma:

- 1. angiotensin-converting enzyme inhibitors
- 2. spasmolytics
- 3. tranquilizers
- 4. beta-2-adrenergic blockers
- 5. methylxanthines

13. For aspirin-induced asthma it is typical:

- 1. frequent combination with polypous rhinosinusitis
- 2. frequent combination with ulcer disease
- 3. nocturnal attacks are typical
- 4. aspirin intolerance
- 5. raspberries, plums and grapes can cause attacks

14. The most common causes of food allergy from the listed below are:

- 1. rabbit meat
- 2. fish
- 3. milk
- 4. peanuts
- 5. potatoes

15. Drug allergy can be caused by:

- 1. long-term treatment
- 2. high doses of a drug
- 3. intravenous administration of a drug
- 4. frequent interrupted administrations of a drug
- 5. drug administration without concomitant use of histamine receptors blockers

16. Immediate generalized reactions of anaphylactic type are caused by:

- 1. radiopaque substances
- 2. beta-lactam antibiotics
- 3. heterogenous serum
- 4. vaccines
- 5. nonsteroidal antiinflammatory drugs

17. General principles of drug allergy treatment:

- 1. withdrawal of the suspected drug
- 2. antihistamines administration for 7-10 days

3. in marked manifestations Prednisolone is administered in a dose of 1mg/kg daily for 7-14 days

- 4. plasmapheresis to remove immune complexes
- 5. interferon to activate cellular immunity

18. General principles of drug disease prevention:

- 1. to prescribe drugs justified by clinical presentation
- 2. to avoid polypragmasy
- 3. to take the drug history carefully
- 4. antibiotics should be administrated only in combination with antihistamine drugs

19. What drugs are administered to treat urticaria in the first place:

- 1. adrenaline
- 2. hydrocortisone and calcium preparations
- 3. antihistamine drugs
- 4. glucocorticosteroids

20. What factors from the listed below induce degranulation of basophils and mast cells:

- 1. MHC-II in combination with antigen
- 2. MHC-I in combination with antigen
- 3. IgE in combination with antigen
- 4. IgM in combination with antigen
- 5. interleukine-8

IMMUNOLOGY

21. Choose the central organs of immunogenesis in a human being:

- 1. thymus
- 2. bone marrow
- 3. Peyer's plaques
- 4. spleen
- 5. lymphopharyngeal ring

22. What cells produce antibodies?

- 1. mastocytes
- 2. B-lymphocytes
- 3. T-lymphocytes
- 4. plasmacytes
- 5. eosinophils

23. In diagnosis of what diseases is it more important to estimate the number of **T**- and **B**- lymphocytes in the blood?

- 1. acute infectious diseases
- 2. immunodeficiency states
- 3. lymphoproliferative diseases
- 4. allergic diseases
- 5. AIDS

24. Choose the time of the first signs appearance of HIV infection in intrauterine infection:

- 1. inside the uterine
- 2. immediately after birth
- 3. one month later after birth
- 4. 6 months later after birth
- 5. one year later after birth

25. Antinuclear antibodies and rheumatoid factor are most frequently associated with the following diseases:

- 1. rheumatoid arthritis
- 2. Sjögren's sicca syndrome
- 3. systemic lupus erythematosus
- 4. idiopathic thrombocytopenic purpura
- 5. autoimmune thyroiditis

26. Which diseases from the listed below are typical of immunodeficiency with dominating antibody deficiency:

- 1. possible autoimmune syndromes
- 2. recurrent ear, nose, throat diseases
- 3. susceptibility to virus diseases
- 4. recurrent respiratory diseases

27. Which clinical manifestations from the listed below are more typical of Bruton's disease:

- 1. boys are affected
- 2. girls are affected
- 3. hypoplasia of lymphatic nodes and tonsils
- 4. hypoplasia of thymus
- 5. vitiligo

28. What from the listed below is typical of "selective IgA deficit":

- 1. susceptibility to infectious affections of arachnoid membranes
- 2. susceptibility to recurrent infections of the upper respiratory tract
- 3. susceptibility to bronchial obstruction
- 4. susceptibility to infectious diarrhea
- 5. susceptibility to infectious urogenital diseases

29. What is typical of patients with severe combined immunodeficiencies:

- 1. anergy in skin allergotests
- 2. hyperergic local reactions in antigen introduction
- 3. increased risk of response "transplant against the host"
- 4. Calmette-Guérin bacillus vaccination may cause a disease
- 5. poliomyelitis vaccination may cause cerebral affection

30. Which of the listed laboratory manifestations are typical of Wiskott-Aldrich syndrome:

- 1. erythrocytosis
- 2. thrombocytopenia
- 3. increased IgG level
- 4. decreased IgM level
- 5. increased IgE and IgA levels

31. Which of the listed manifestations are typical of Di George's syndrome (hypoplasia of thymus):

- 1. dextroposition of heart
- 2. tetany
- 3. decreased number of eosinophils
- 4. decreased number of T-lymphocytes
- 5. decreased IgM level and increased IgA level

32. Which of the listed manifestations are typical of Louis-Bar syndrome:

- 1. ataxia
- 2. tetany
- 3. skin and eye telangiectases
- 4. accelerated puberty
- 5. susceptibility to oncological pathology

33. Which of the listed manifestations are more typical of usual variable immunodeficiencies (impaired maturation of plasma cells):

1. is manifested in children from the first days of life

- 2. is more often manifested in adolescents and adults
- 3. hyperplasia of lymphoid nodes and liver
- 4. the level of IgM is increased
- 5. eosinophilia

34. Properties of IgA:

- 1. blocks the attachment of bacteria to epithelial cells
- 2. initiates degranulation of mast cells
- 3. activates complement
- 4. has a high affinity
- 5. acts as opsonin

35. Properties of IgG:

- 1. blocks the attachment of bacteria to epithelial cells
- 2. initiates degranulation of mast cells
- 3. activates complement
- 4. has a high affinity
- 5. acts as opsonin

36. Properties of IgM:

- 1. blocks the attachment of bacteria to epithelial cells
- 2. initiates degranulation of mast cells
- 3. activates complement
- 4. has a high affinity
- 5. acts as opsonin

37. Properties of IgE:

- 1. blocks the attachment of bacteria to epithelial cells
- 2. initiates degranulation of mast cells
- 3. activates complement
- 4. has a high affinity
- 5. acts as opsonin

38. Live attenuated vaccine

- 1. against measles
- 2. against parotitis
- 3. against rubella
- 4. Calmette-Guérin bacillus
- 5. against hepatitis B

39. Administration of glucocorticoids causes:

- 1. the decreased number of lymphocytes mainly due to T-cells
- 2. the decreased number of lymphocytes mainly due to B-cells
- 3. the decreased number of neutrophils in the blood
- 4. suppression of neutrophils migration in the tissues
- 5. the decreased number of eosinophils and basophils in the blood

40. Immunologically privileged tissues are:

- 1. mucous-associated lymphoid tissue
- 2. the interior of the eye
- 3. inner parts of testicles
- 4. basic membrane of renal glomerules
- 5. follicles of thyroid gland

41. Organ-specific autoimmune diseases are:

- 1. insulin-dependent diabetes mellitus
- 2. systemic lupus erythematosus
- 3. dermatomyositis
- 4. Hashimoto's disease
- 5. disease of hyaline membranes

42. Systemic autoimmune diseases are:

- 1. insulin-dependent diabetes mellitus
- 2. systemic lupus erythematosus
- 3. dermatomyositis
- 4. Hashimoto's disease
- 5. disease of hyaline membranes

43. Immunoglobulins of which class go through placental barrier?

- 1. IgA
- 2. IgM
- 3. IgG
- 4. IgE
- 5. IgD

44. Choose CD-markers of T-helpers:

- 1. CD 4
- 2. CD 8
- 3. CD 19
- 4. CD 3

45. Choose CD-markers of cytotoxic T-lymphocytes:

- 1. CD 4
- 2. CD 8
- 3. CD 19
- 4. CD 3

46. Antigen-presenting cells activating T-helpers necessarily express on their surface:

- 1. IgE
- 2. gamma-interferon
- 3. MHC-I
- 4. MHC-II
- 5. FcER2

47. Name the methods of treatment in idiopathic thrombocytopenic purpura:

- 1. splenectomy
- 2. cryoprecipitate
- 3. prednisolone
- 4. immunoglobuline G infusion
- 5. methylprednisolone pulse therapy

48. What are the clinical manifestations of thrombocytopenic purpura?

- 1. symmetrical rash of red spots and papules on the extensor surfaces
- 2. bruises and petechial hemorrhages all over the body
- 3. hemorrhages from the nose
- 4. paroxysmal abdominal pain

49. What are the clinical manifestations of hemorrhagic vasculitis?

- 1. symmetrical hemorrhagic rash of spots and papules on the extensor surfaces of the joints
- 2. paroxysmal abdominal pains
- 3. subcutaneous and intramuscular hematomas
- 4. uncontrollable bleedings after small traumas

50. Which of the symptoms characterize aplastic anemia?

- 1. leucopenia
- 2. high reticulocytosis
- 3. leukocytosis
- 4. thrombocytopenia
- 5. anemia

51. What diseases are characterized by pancytopenia?

- 1. acute leukosis
- 2. hemorrhagic vasculitis
- 3. aplastic anemia
- 4. idiopathic thrombocytopenic purpura

52. The normal number of lymphocytes in differential blood count for children in their second year of life is:

- 1. 20-30%
- 2.60-70%
- 3.45%

53. In which of the named diseases can DIC syndrome develop:

- 1. septic conditions
- 2. hemoblastoses
- 3. acute staphylococcal pneumonia
- 4. posttransfusion shock
- 5. hemorrhages

54. Peakflowmetry allows defining:

- 1. vital capacity of the lungs
- 2. rate of the forced expiration

3. content of a carbonic acid in the exhaled air

55. Indications for administration of immunosuppressive agents to children with acute rheumatic fever are:

- 1. acute course
- 2. high activity of pathologic process
- 3. continuously relapsing course
- 4. presence of a defect
- 5. presence of multiple extracardiac manifestations

56. Indications for administration of glucocorticoids to children with acute rheumatic fever are:

- 1. low activity of pathologic process
- 2. high activity of pathologic process
- 3. developing heart disease
- 4. continuously relapsing course
- 5. pancarditis

57. Major diagnostic criteria of acute rheumatic fever include:

- 1. carditis
- 2. polyarthritis
- 3. toxic erythema
- 4. chorea
- 5. nephritis

58. Which joints are affected most often in the early stage of juvenile rheumatoid arthritis:

- 1. wrist joints
- 2. elbow joints
- 3. ankle joints
- 4. knee joints
- 5. hip joints

59. Still's disease in juvenile rheumatoid arthritis is characterized by:

- 1. isolated articular syndrome
- 2. articular syndrome associated with eye involvement
- 3. articular syndrome associated with internal organs involvement
- 4. articular syndrome associated with CNS involvement

The answers

1) 2,3,4,5 **2**) 3,4 **3**) 2,3 **4**) 1,4 **5**) 2,4,5 **6**) 1 **7**) 1,2,3 **8**) 3 **9**) 1,2,5 **10**) 2 **11**) 2,3 **12**) 1,3,4 **13**) 1,4,5 **14**) 2,3,4 **15**) 1,2,4 **16**) 2,3,4 **17**) 1,2,3,4 **18**) 1,2,3 **19**) 3 **20**) 3 **21**) 1,2 **22**) 4 **23**) 2,3,5 **24**) 4 **25**) 1,2,3 **26**) 1,2,4 **27**) 1,3 **28**) 2,3,4,5 **29**) 1,3,4,5 **30**) 2,4,5 **31**) 1,2,4 **32**) 1,3,5 **33**) 2,3 **34**) 1,5 **35**) 3,4,5 **36**) 3,5 **37**) 2,5 **38**) 1,2,3,4 **39**) 1,4,5 **40**) 2,3,5 **41**) 1,4 **42**) 2,3 **43**) 3 **44**) 1,4 **45**) 2,4 **46**) 3,4 **47**) 1,3,4,5 **48**) 2,4 **49**) 1,2 **50**) 1,4,5 **51**) 1,3 **52**) 2 **53**) 1,2,3 **54**) 2 **55**) 3 **56**) 2,3,4,5 **57**) 1,2,4 **58**) 4 **59**) 3.