

УЧРЕЖДЕНИЕ ОБРАЗОВАНИЯ
ГРОДНЕНСКИЙ ГОСУДАРСТВЕННЫЙ МЕДИЦИНСКИЙ
УНИВЕРСИТЕТ
КАФЕДРА ПСИХОТЕРАПИИ И КЛИНИЧЕСКОЙ ПСИХОДИАГНОСТИКИ

МЕТОДИЧЕСКИЕ РАЗРАБОТКИ ДЛЯ СТУДЕНТОВ
ФАКУЛЬТЕТА ИНОСТРАННЫХ УЧАЩИХСЯ
(Темы практических занятий, учебные вопросы, литература)

МЕДИЦИНСКАЯ ПСИХОЛОГИЯ

Утверждены на заседании кафедры
Протокол № 1
31 августа 2022 г.

2022 г.

CLASSES FOR THE FOREIGN STUDENTS

1. Introduction. Medical psychology as a science.

Questions:

1. Medical psychology as a science. A subject, problems and structure of medical psychology.
2. The relationship of the “mental” and “somatic” in normal and pathological conditions.
3. The concept of mental health and its criteria. Definition of concepts “norm” and “pathology” as the main methodological problem of medical psychology. Models of norm.
4. The definition of mental health. The relation of the concepts of "norm" and “mental health”.
5. Theoretical and tactical aspects of the interaction of the doctor and patient. The concept of "therapeutic space", "therapeutic relationship", "presence".
6. Professional and personal readiness of a doctor to provide medical help.
7. Compliance. Psychological aspects of pharmacotherapy. Placebo effect, placebo therapy.
8. The main directions of psychological assistance. Main goals of psychological assistance (personality development, correction, rehabilitation, prevention).
9. The concept of "contact." Verbal and nonverbal levels contact. The main psychological problems of the relationship between the doctor and the patient.
10. Models of doctor-patient interaction (authoritarianism, collaboration, consumerism). Main factors of satisfaction for the quality of medical care.
11. The boundaries of adoption. Tolerance. Congruency (authenticity, self-acceptance, sincerity), unconditional acceptance of another person, empathic understanding (empathy).

Basic literature:

1. Popenya, I.S. Medical Psychology: course of lectures for foreign students / I. S. Popenya – Grodno: GrSMU, 2008. – 140 p.

Additional literature:

1. ICD-10.

2. The internal picture of the disease. The reaction of the individual to the disease. Psychological characteristics of patients suffering from mental and / or somatic disorders.

Questions:

1. The definition of "internal picture of the disease." It's role in determination of the behavior of the patient.

2. Studies of the subjective picture of the disease using methods of narrative psychology (A. Kleinman).
3. Sexual, age and occupational characteristics of the response to the disease. Individual and personality characteristics of the response to the disease.
4. Types of individual reactions to illness and social adaptation.
5. Abnormal behavior associated with the disease: somatization, simulation, denial of a disease.
6. Psychological characteristics of patients with cardiovascular, oncological, gastrointestinal, and lung diseases.
7. Methods of psychological work with dying people, with patients suffering from disease disfiguring the appearance, with patients suffering from dementia, and with survivors after events which are beyond the ordinary human experience.

Basic literature:

1. Popenya, I.S. Medical Psychology: course of lectures for foreign students / I. S. Popenya – Grodno: GrSMU, 2008. – 140 p.

Additional literature:

1. ICD-10.

3. The mechanisms of development of neurosis. Implementation of the mechanisms of neurosis in the psychology of patients suffering from mental and / or somatic disorders.

Questions:

1. Intrapersonal conflicts.
2. Self-concept disturbances.
3. Behavioral approaches in medical psychology.
4. Cognitive concepts of development of mental disorders.
5. Medical and psychological features of family functioning in patients suffering from neurotic spectrum disorders.
6. The concepts of functional family and dysfunctional family.
7. Family structure and family disruption. Family solidarity, family flexibility, family coalitions, family alliances, family hierarchy.
8. Normal and abnormal anxiety. Anticipatory anxiety.
9. Psychological mechanisms of somatization of psychological problems.
10. The phenomenon of "flight into illness".
11. Depressive syndromes with somatic manifestations.
12. Psychological mechanisms of pain syndrome.
13. Alexithymia.
14. The phenomena of dissociation and conversion in medical psychology.
15. Psychological assistance in situations of post-traumatic stress. The concepts of

“traumatic event”, “stress”, “post-traumatic stress”.

Basic literature:

1. Popenya, I.S. Medical Psychology: course of lectures for foreign students / I. S. Popenya – Grodno: GrSMU, 2008. – 140 p.

Additional literature:

1. ICD-10.

4. Disorders of adult personality and behavior. Personal harmony and disharmony. Accentuation of character. Deviant behavior.

Questions:

1. Definition of personality. The main components of personality. Accentuation of character.
2. Determinants of human behavior (biological, psychological, social).
3. Types of deviant behavior. Delinquent, addictive, psychopathological behavior.
4. Clinical aspects of deviant behavior.
5. Addictive, antisocial, suicidal, conformist, narcissistic, fanatical, autistic behavior.
6. Types of aggressive behavior. Constructive and non-constructive forms of aggression. Aggression in the structure of psychopathological syndromes.

Basic literature:

1. Popenya, I.S. Medical Psychology: course of lectures for foreign students / I. S. Popenya – Grodno: GrSMU, 2008. – 140 p.

Additional literature:

1. ICD-10.

5. Disorders of adult personality and behavior. Interactions between doctors and patients with different disorders of adult personality and behavior.

Questions:

1. Types of personality disorders.
2. Paranoid personality disorder. Schizoid personality disorder. Dissocial personality disorder.
3. Emotionally unstable personality disorder. Histrionic personality disorder.
4. Anankastic personality disorder. Anxious (avoidant) personality disorder.
5. Dependent personality disorder. Other specific personality disorders. Mixed and other personality disorders.
6. Interactions between doctors and patients with different disorders of adult personality and behavior.

Basic literature:

1. Popenya, I.S. Medical Psychology: course of lectures for foreign students / I. S. Popenya – Grodno: GrSMU, 2008. – 140 p.

Additional literature:

1. ICD-10.

6. Suicidal behavior. Grief reaction.**Questions:**

1. Suicidal behavior. Suicide, parasuicide, suicidal crisis.
2. Classification of suicidal manifestations. Internal and external forms of suicidal behavior. Periods and motives of suicidal behavior.
3. Group, imitation, individual, true, demonstrative, hidden, selfish, altruistic, anomic suicides.
4. Personal characteristics of suicide seekers. Schneidman's Four Types of Suicide Seekers: "deathseekers", "death initiators", "deniers of", "players with death."
5. Prejudice and facts about suicide. Diagnosis of suicidal behavior.
6. Risk factors for suicidal behavior. Differential diagnosis suicidal behavior with chronic self-harming behavior and accidents.
7. Suicidal crisis, its symptoms, causes and varieties.
8. Principles and methods of crisis intervention.
9. Grief is a psychological phenomenon. Stages of grief reaction.
10. Abnormal grief reaction: symptoms and intervention.
11. Psychological characteristics of people who experience grief.
12. Normal and abnormal grief reaction. Assessment. Grief counseling.

Basic literature:

1. Popenya, I.S. Medical Psychology: course of lectures for foreign students / I. S. Popenya – Grodno: GrSMU, 2008. – 140 p.

Additional literature:

1. ICD-10.