

TYPICAL ACADEMIC PLAN
for practical classes
for the **1st** semester for students of the 1st course
THE FACULTY OF FOREIGN STUDENTS

| № | Topics of the practical classes | № of the week |
|-----|--|---------------|
| | | 1 |
| 1. | Vertebral column. A typical vertebra. Thoracic vertebrae. | 2 |
| 2. | Cervical , lumbar, sacral, cocccygeal vertebrae. | |
| 3. | The ribs, sternum, clavicle, scapula. | 3 |
| 4. | The humerus. Bones of the forearm and hand. | |
| 5. | Os ileum, femur. The kneecap. | 4 |
| 6. | Bones of the leg and foot. | |
| 7. | Occipital and sphenoid bones. | 5 |
| 8. | Temporal bone. | |
| 9. | Parietal, frontal and ethmoid bones. | 6 |
| 10. | Bones of the facial skull. Hyoid bone. | |
| 11. | The skull as a whole. The base and roof of the skull. | 7 |
| 12. | Temporal, infratemporal and pteygopalatine fossas. | |
| 13. | The orbita. The nasal cavitas. | 8 |
| 14. | The junctions of the skull. Temporomandibular joint. X-ray anatomy. Age-related features of the skull junctions. | |
| 15. | The junctions of the vertebrae. The skull and vertebral column connection. The vertebral column as a whole. X-ray anatomy of the backbone. | 9 |
| 16. | Control classes on osteology. | |
| 17. | The junctions of ribs. Thoracic cage as a whole. X-ray anatomy of thoracic cage. Junctions of the shoulder girdle. Art. humeri. Cubital joint. Junction of the forearm bones. Art. carporadialis. The joints of the hand. X-ray anatomy of the upper limb articulations. | 10 |
| 18. | | |
| 19. | The junctions of the pelvic bones. pelvis as a whole. Art. coxae. | 11 |
| 20. | Knee joint. The junctions of the leg. | |
| 21. | Art. talocruralis. The junctions of the foot. The foot as a whole. X-ray anatomy of the lower limb joints. | 12 |
| 22. | Muscles and fasciae of the spine. | |
| 23. | Final classes on arthrology. | 13 |
| 24. | Muscles and fasciae of the chest. Diaphragm. | |
| 25. | Muscles and fasciae of the abdomen. Topography of the abdomen. | 14 |
| 26. | Muscles and fasciae of the neck. | |
| 27. | Muscles and fasciae of the head. Topography of the neck | 15 |
| 28. | Muscles and fasciae of the shoulder girdle and upper arm. | |
| 29. | Muscles and fasciae of the forearm and hand. Topography of the upper extremity. | 16 |
| 30. | Muscles and fasciae of the pelvic girdle and thigh. | |
| 31. | Muscles and fasciae of the leg and foot. Topography of the lower extremity. | 17 |
| 32. | Final classes on myology. | |
| 33. | CONTROL CLASSES ON MYOLOGY. | 18 |
| 34. | CONTROL CLASSES ON LOCOMOTOR SYSTEM. END OF THE I SEMESTER. | |

The Head of
Normal Anatomy Department

F.G. Gadzhieva