

**Lectures plan in the discipline "First Aid" for the 1st year students  
(Faculty of Foreign Students)**

1. First aid for injuries: contusion, sprain, dislocation, fracture. The main principles of the first aid organization. Head-to-toe examination of the patient.
2. First aid for injuries: contusion, sprain, dislocation, fracture.
3. First aid for patients with pathology of the cardiovascular system.
4. First aid for patients with fever and acute allergic reactions.

**Self-controlled work for students**

1. Types of injections. The technique of injections in the prehospital setting. Pain and pain management (pain relievers) – 0,7.
2. Crush-syndrome: clinical manifestations, the basics of the emergency medical care – 0,7.
3. First aid for patients with the chest pain, fainting, collapse – 0,7.
4. Warming, cold compresses, heating pads, ice packs usage; indications, contraindications – 0,7.
5. First aid to participants in a traffic accident, fires, water incidents – 2,0.

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31.08.2022