

**Plan of LECTURES for the discipline
«Basics of medical care»
for I year students
2020-2021 academic year**

1. Introduction to the discipline. The concept of "medical care". Infections associated with medical care. (1,3 hours)
 2. Diet. The concept of clinical nutrition. (1,3 hours)
 3. Medical care and supervision of elderly and senile patients. (1,3 hours)
- Total 3,9 hours (+2,1 hours for controlled self-study)

Lectures for controlled self-study (10 hours)

1. Basics of medical ethics and deontology. (0.7 hours)
2. Methods of infectious safety in the hospital health organization. Disinfection: types, methods. (2 hours).
3. Organization of work and medical care in admission department. Sanitary treatment of patients. Anthropometry. Transportation of patients in according to ergonomic rules. (2 hours).
4. Observation and medical care of patients in the Therapeutic Department. Medical (health-protective) regime of the Therapeutic Department. (2 hours).
5. Personal hygiene of the patient. (2 hours).
6. The concept of artificial nutrition (0.7 hours).
7. Care for the patient with motor activity disorders. Prevention of bedsores. Body biomechanics and positioning. (0.7 hours).

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31.08.2020г.



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