

Topics for practical classes in the discipline "First Aid" for the 1st year students (Faculty of Foreign Students)

1. Introduction to the discipline "First Aid". First aid priorities. Ethics, deontology, psychology in the relationship of a medical worker with a patient.
2. Personal safety in the first aid.
3. General principles of the first aid. Head-to-toe examination of the patient.
4. Monitoring of the vital signs. Medical priorities in lifesaving..
5. First aid for patients with wounds and bleeding.
6. First aid for injuries: contusion, sprain, dislocation, fracture.
7. First aid for patients with fractures and dislocations.
8. First aid for injuries associated with heat exposure and cold temperature exposure (burns and frostbite).
9. First aid for patients with pathology of the respiratory system.
10. First aid for patients with pathology of the cardiovascular system.
11. First aid for patients with diseases of the gastrointestinal tract and kidneys.
12. First aid for injuries and diseases of the central nervous system.
13. First aid for patients with fever and acute allergic reactions.
14. First aid for poisoning, insect sting and animal bites.
15. First aid to participants in a traffic accident, fires, water incidents.

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