

**CLASSES FOR THE FOREIGN STUDENTS
6 YEAR**

**№ 1. Global mental health. International classification of disease (ICD-10).
Psychiatric examination, investigation, management options.**

1. Global mental health. Global variation in mental health disorders.
2. Classification of psychiatric disease. International classification of disease (ICD-10). Hierarchy of diagnoses in psychiatry.
3. Bio-psycho-social model of mental and behavioural disorders.
4. The general structure of mental health services. Primary and secondary mental health services.
5. Diagnostic process in psychiatry. Psychiatric examination. Methods of investigation.
6. General approaches to treatment and management of mental and behavioural disorders. Prevention of mental and behavioural disorders.

Basic literature.

1. *Fenton, C. Psychiatry / C. Fenton, K. Lodge, J. Henderson. - London [etc.]: JP Medical Publishers, 2016. - XII, 339 p.: il.*
2. *Oyebode, F. Sims' symptoms in themind: textbook of descriptive psychopathology / F. Oyebode. - 5th ed. - Edunburg [etc.]: Saunders: Elsevier, 2015. - VIII, 388 p.: il.*

Additional literature.

3. *Fundamentals of clinical psychopharmacology / ed. by I.M. Anderson, R.H. McAllister-Williams. - 4th ed. - Boca Raton; London; New York: CRC Press : Taylor & Francis Group, 2016. - XXVI, 254 p.: il.*
4. *Psychiatric and behavioural disorders in intellectual and developmental disabilities / ed. by C. Hemmings, N. Bouras. - 3th ed. - Cambridge: Cambridge university press, 2016. - XIV, 298 p.*
5. *Sadock, B.J. Kaplan & Sadock's synopsis of psychiatry: behavioral sciences/clinical psychiatry / B.J. Sadock, V.A. Sadock, P. Ruiz. - 11th ed. - Philadelphia [etc.]: Wolters Kluwer: Lippincott Williams & Wilkins, 2015. - XVI, 1472 p.:il. + [4] sheet il.*
6. *Schneider, B.H. Child psychopathology: from infancy to adolescence / B.H. Schneider [et al.]. - Cambridge: Cambridge university press, 2014. - XVIII, 650 p.: il.*

№ 2. Descriptive psychopathology. Sensory distortions and pathology of perception. Disorder of thinking. Disorders of speech.

1. Disorders of sensation: anesthesia, hypo-, hypersensitivity, paresthesia, senestopatii. Their occurrence in medical and mental disorders.
2. Disturbance of perception: illusions, hallucinations, pseudohallucinations.
3. Psychosensory disorders: micropsia, makropsia, metamorphopsia, disorders of experience of physical characteristics of the body. Derealization, depersonalization.
4. Disturbances of stream or flow of thought (acceleration, retardation, thought blocking). Formal thought disturbances (loosening of associations, circumstantial thinking, concrete thinking).
5. Disorders of content of thought: delusions; types of delusions (primary/secondary, according to the content) and associated conditions. Delusions of control of thought. Obsessions. Overvalued ideas.
6. Disorders of speech: dysarthria, stuttering and stammering, echolalia, changes in the volume and intonation of speech, unintelligible speech, mutism.

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№ 3. Descriptive psychopathology. Affect and emotional disorders. Disorders of volition and execution. Disorders of attention and concentration. Disturbances of memory, consciousness. Disorders of intellectual performance.

1. Affect and emotional disorders: changes in intensity of emotions; changes in timing, duration and appropriateness to situation; abnormalities of expression.
2. Affect and emotional disorders: depression of mood, mania. Fear and anxiety.
3. Disorders of volition and execution: abnormalities of need, drive and motivation. Abnormal movement, catatonic syndrome, psychomotor agitation. Compulsions.
4. Disorders of attention and concentration: aprosexia, hypoprosexia (deficit of attention, distractibility), hyperprosexia (narrowing of attention).
5. Disturbances of memory: hypomnesia, hypermnesia, amnesia. Korsakoff's syndrome. Disturbances of memory associated with different psychiatric conditions.
6. Disorders of intellectual performance: mental retardation, dementia.
7. Disturbances of consciousness: the criteria for determining impaired consciousness. Confusion syndromes: obnubilation, somnolence, sopor, coma. Delirium, oneyroid, amentia, twilight state (trance, fugue, somnambulism).

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№ 4. Diagnostic and management of mental disorders.

1. Dementia: definition, prevalence, dynamic, prognosis. Pseudo dementia. Dementia in Alzheimer's disease. Vascular dementia. Early diagnosis, treatment and prevention. Caring for elderly patients with dementia.
2. Mental and behavioural disorders due to psychoactive substances use. Bio-psycho-social model of psychoactive substances use. Clinical presentations, investigation, management.
3. Schizophrenia, and schizophrenia-like disorders. Current view on the etiology and pathogenesis of schizophrenia. Risk factors of schizophrenia. Modern model of schizophrenia clinical structure: positive, negative, affective and cognitive symptoms of schizophrenia.
4. Acute and transient psychotic disorders. Persistent delusional disorder.
5. Modern methods of treatment of schizophrenia and similar disorders: biological treatment, electroconvulsive therapy, psychotherapy.

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№ 5. Treatment and management in psychiatry.

1. Pharmacological therapy. Classification of drugs used in psychiatry.
2. Neuroleptics (antipsychotics). Antidepressant medication.
3. Anxiolytics and hypnotics. Mood stabilisers. Cognition-enhancing drugs.
4. Somatotrophic effects of the various drugs used to treat mental disorders. Acute complications of drug treatment of mental and behavioural disorders: neuroleptic malignant syndrome, serotonin syndrome.
5. Psychiatric emergencies: acute psychosis. Delirium: etiology, clinical presentations, treatment and management. Attempted suicide. Agitation. Withdrawal syndrome.

6. Psychotherapy. The nature and rules of the main options for psychotherapy: cognitive behavioural therapy, counseling or supportive therapy.
7. Physical treatments: ECT, TMS.

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