# CLASSES FOR THE FOREIGN STUDENTS 1<sup>ST</sup> YEAR

#### № 1. Communication of health professionals

- 1. Communication. Objectives. Definition.
- 2. The main principles and objectives of communication in health care.
- 3. Communication's scheme.
- 4. Communication process. Postures, facial expressions and gestures. Tactical means of communication.
  - 5. Types of communication of health workers. (self-learning)
- 6. Communication through the channels of communication (formal communication, informal communication). *(self-learning)*

#### LITERATURE

☐ Bowditch, James L. A primer on organizational behavior / James. L.
Bowditch, Anthony F/ Buono 3rd ed 521 p.
☐ Social Psychology Readings [Text]: a Century of Research / Ed. A. G.
Halberstadt and S. L. Elly-Son New York: McGraw-Hill, inc., 1990 490 p.
☐ The Nurse, Self & Society [Text] : an Introduction to Applied Behavioral
Sciences for Nurses and Health Care Professionals / Ed. P. French Hong Kong :
Waverly Info-Med Ltd, 1995 368 p.
□ Lecture № 1 in the course "Communication in Medicine"

# № 2. Leadership

- 1. "Leadership" and "management". Objectives. Definition.
- 2. Styles and types of leadership, their characteristics.
- 3. The role of a leader in an organization.
- 4. Classification of the leaders on the situation in the organization.
- 5. Leadership criteria. (self-learning)
- 6. Top-manager's lessons. (self-learning)

#### LITERATURE

LITERATURE
☐ Bowditch, James L. A primer on organizational behavior / James. L.
Bowditch, Anthony F/ Buono 3rd ed 521 p.
☐ Kreiter, Robert. Organizational behavior [Text] / R. Kreiter, A. Kimcki 3-rd
ed Chicago : Irwin, 1995 606 p.
☐ Social Psychology Readings [Text]: a Century of Research / Ed. A. G.
Halberstadt and S. L. Elly-Son New York: McGraw-Hill, inc., 1990 490 p.
$\square$ Lecture $\mathbb{N}_{2}$ in the course "Communication in Medicine".

# № 3. The organization of the communication process in health care

- 1. Principles of effective communication in health care (neutral, competent, ethical, reliable, equitable).
  - 2. Communication between the organization and its environment.
- 3. Health communication models (therapeutic communication model, the model of "ideas about health", interactional model, explaining the model).
  - 4. The organization of the communication process.
  - 5. The elements and stages of the communication process.

#### LITERATURE

☐ Social Psychology Readings [Text]: a Century of Research / Ed.	A. C	j.
Halberstadt and S. L. Elly-Son New York: McGraw-Hill, inc., 1990 490 p.		
☐ Lecture № 1 in the course "Communication in Medicine"		

# № 4. Basic principles of successful interpersonal communication

- 1. Techniques of verbal and nonverbal communication.
- 2. Formation of interpersonal skills (active listening, conversation management, types of questions, feedback).
- 3. Methods of promoting belief in the patient's treatment adherence and commitment to it.
  - 4. The basic principles of educational work with the patients.
  - 5. The relationship "doctor patient".

#### LITERATURE

BIIBRIIORE
☐ Psychology/Ed. K.G.Duffy 26th ed Sluice Dock: Dushkin Publishing Gr.,
1996 276 c.
☐ Social Psychology Readings [Text]: a Century of Research / Ed. A. G.
Halberstadt and S. L. Elly-Son New York: McGraw-Hill, inc., 1990 490 p.
☐ The Nurse, Self & Society [Text] : an Introduction to Applied Behavioral
Sciences for Nurses and Health Care Professionals / Ed. P. French Hong Kong:
Waverly Info-Med Ltd, 1995 368 p.
☐ Lecture № 1 in the course "Communication in Medicine".

#### № 5. Methods of communication skills formation

- 1. Formation and development of communicative skills necessary for effective communication between doctor and patients, patients' relatives and colleagues in different situations.
  - 2. General principles of effective communication.

- 3. Verbal and non-verbal communication with the patient.
- 4. The main psychological determinants of development of the doctor's communicative competence.
- 5. Basic communication skills in the "doctor-patient" relationships: an adequate physical environment, greeting patients, active listening, empathy, respect, interest, warmth and support, language, the relationship of cooperation, closed interview, skills of information collection, silence, information flow control, summation.
  - 6. Medical interview and basic communication skills of its holding.

#### LITERATURE

☐ Kreiter, Robert. Organizational behavior [Text] / R. Kreiter, A. Kimcki 3-rd
ed Chicago : Irwin, 1995 606 p.
☐ The Nurse, Self & Society [Text] : an Introduction to Applied Behavioral
Sciences for Nurses and Health Care Professionals / Ed. P. French Hong Kong :
Waverly Info-Med Ltd, 1995 368 p.
☐ Simons, Janet. Human Adjusment [Text] / J. A. Simons, S. Kalichman, J. W.
Santrock Madison: WCB. Brown & Benchmark, 1994 318 p.

# № 6. Scripts and communication technology

- 1. Technique of using communicative methods (scripts).
- 2. Algorithms for communications, the set of language models needed for the effective and conflict-free doctor-patient interaction, interaction with patient's relatives and colleagues in different situations.
  - 3. Using of scripts in oft-repeated situations.
- 4. Modeling of communicative scenarios: scenario beliefs, "the language of benefits for the patient and the doctor," mirroring, etc.
  - 5. Communicative skills and a set of key phrases to work with "objection".
- 6. The use of scripts when greeting, collection the anamnestic data, summarizing a conversation with the patient, conflict resolution.

#### LITERATURE

☐ Simons, Janet. Human Adjusment [Text] / J. A. Simons, S. Kalichman, J. W. Santrock. - Madison : WCB. Brown & Benchmark, 1994. - 318 p.

# № 7. Public Speaking Technology

- 1. The essence of the concept of public speaking.
- 2. Personality of speaker.
- 3. The selection and study of literature. Formation of skills of drawing up the plan performance and prepare for the performance.
  - 4. Methods and audience management techniques.

- 5. Self-organization of public speaking.
- 6. The use of various means of communication.
- 7. Non-verbal means of communication.
- 8. The basic rules of presentation.

#### LITERATURE

☐ Lecture № 1 in the course "Communication in Medicine".

# № 8. Communication barriers in the communication process

- 1. The emergence of communicative barriers in the process of doctor-patient interaction, communication with patient's relatives and colleagues in different situations.
- 2. Communication barriers of social and psychological character: phonetic, semantic, stylistic, logical, socio-cultural, low level of awareness, interest and responsibility of population for their own health.
  - 3. Limitations of the communication process in the health sector.

#### LITERATURE

☐ Guirdham, M. Interpersonal Skills at Work: Prentice Hall, 1995 610 p.
☐ Kreiter, Robert. Organizational behavior [Text] / R. Kreiter, A. Kimcki 3-rd
ed Chicago : Irwin, 1995 606 p.
☐ Simons, Janet. Human Adjusment [Text] / J. A. Simons, S. Kalichman, J. W.
Santrock Madison : WCB. Brown & Benchmark, 1994 318 p.
☐ Lecture № 3 in the course "Communication in Medicine".

# № 9. Modern technologies of the patients and population informing

- 1. Medical information as a channel of communication in the implementation of scientific and practical programs in public health.
  - 2. Practical ways of adapting text and informational messages.
- 3. Electronic media TV, radio, local radio stations, print media newspapers, magazines, professional publications, print media of organizations, amateur publications; Internet and email; Internet communication media (social networks); advertising.

#### LITERATURE

	☐ Thought Leaders. Essays from health innovators /Ed. Kevin Dean,- Premium
Pub.,	2004
	☐ Lecture № 3 in the course "Communication in Medicine".

# № 10. Modern technologies of the patients and population informing (self-learning)

- 1. Publications and presentations in the media.
- 2. Organization and participation in activities dedicated to World health Days.

#### LITERATURE

	Thought Leaders. Essays from health innovators /Ed. Kevin Dean,- Premiu	ım
Pub.,	004	
	Lecture № 3 in the course "Communication in Medicine".	

# № 11. Peculiarities of communication with patients with different nosological forms of diseases

- 1. Ethical and deontological problems of interaction of health workers with patients with different nosological forms of diseases.
- 2. Basic principles of communication: partnerships, focusing on priorities, needs and the patient's point of view, the principle of self-regulation.
- 3. Behavioral and communicative skills of a doctor working with patients with malignancies, HIV infection and other socially significant diseases.

#### LITERATURE

1. The Nurse, Self & Society [Text] : an Introduction to Applied Behavioral Sciences for Nurses and Health Care Professionals / Ed. P. French. - Hong Kong : Waverly Info-Med Ltd, 1995. - 368 p.

# № 12. Features of communication in palliative medicine. Guidelines and policies of the World Health Organization (self-learning)

- 1. Behavioral and communication skills in palliative medicine.
- 2. Peculiarities of communication with patients, relatives of patients and colleagues in hospices, palliative care departments of General hospitals and dispensaries, outside of health care organizations.
- 3. Key recommendations and policy for the provision of medical assistance in accordance with the recommendations of the World health organization.
  - 4. Prevention of reactive depression.
  - 5. Psychological assistance to the family.
  - 6. Suicidal risk in palliative medicine.
  - 7. "Burnout" among health care workers.

#### LITERATURE

□ Dying, Death, and Bereavement [Text] / Ed. G. E. Diskinson 4th ed
Sluice Dock: The Dushkin Publishing Group, inc., 1993 246 p.
☐ Kreiter, Robert. Organizational behavior [Text] / R. Kreiter, A. Kimcki 3-rd
ed Chicago : Irwin, 1995 606 p.
☐ Lecture № 3 in the course "Communication in Medicine".